

2018-19 – BEST PRACTICE No. 1

1. Title of the Practice: INTER-DEPARTMENTAL FACULTY EXCHANGE PROGRAMME

2. Goal: The goal of this practice is

- To provide the students an inter-disciplinary approach.
- To let the students, understand how the learned persons of other disciplines approach to the topics covered in their syllabus.
- To widen the thinking capacity of the students beyond their own discipline.
- To make the students understand how the stream of knowledge is overlapping with other disciplines and how to approach what is beyond their discipline.

With a view to these aims, the Department of English came ahead, and with the collaboration of IQAC of this college, they have performed the Inter-department Faculty Exchange Programme for the first time in this college.

3. The context: Generally, the students study the subject matters within the scope of their own discipline. But, from the inception of CBCS, the concept has changed dramatically. Now the students have to study the subject matters in the light of the other related disciplines as per the syllabus itself. So, the college authority found it is necessary to build up a mindset among the students that they need to know how the experts of other related disciplines approach to a particular topic covered in both the disciplines. So, the concept of Inter-Departmental Faculty Exchange Programme Emerged.

4. The Practice: A teacher of one department will deliver a lecture or a series of lectures to the students of another department, on a topic related to both the disciplines. The Department of English had organized it for the first time, in collaboration with the Department of Commerce and the IQAC of the college. The Canterbury Tales, a topic within the syllabus of the Department of English had been selected for this purpose, and Dr. Sandip Sinha, Associate Professor of the Department of Commerce had delivered a lecture titled "The Canterbury Tales: An Economic Framework", for the students.

5. Evidence of success: We can site these scenarios as the evidence of success of the project:

- The students enjoyed the lecture very much, and they had a lot of questions to ask to their professor on the topic.
- The students of other departments also demanded for it, and so very soon it became a continuing practice of the college.
- The bond among students of different departments of the college increased to a great level, and they started to share their knowledges within themselves.

6. Problems encountered and Resources Required: At the very beginning, it was not very clear to the students how a teacher of another department will approach to a topic that they are studying. It was also a bit difficult to get the time slots for those lectures not hampering the tight schedule of regular classes. But where there is a will, there is a way. The college was able to include it in its regular academic practice.

2018-19 – BEST PRACTICE No. 2

1. Title of the Practice: PROVIDING FACILITIES FOR PHYSICAL EXERCISE FOR STUDENTS THROUGH MULTI-GYM.

2. Goal: The goal of this practice is

- To provide the students a facility of physical exercise with modern tools and techniques.
- To let the students understand the importance of physical fitness.
- To provide the students the infrastructure to enhance their fitness level.

With a view to these aims, the Department of Physical Education came ahead, and with the collaboration of IQAC of this college, they set up a multi-gym for the first time in this college.

3. The context: Health is wealth. The students and the sportspersons of the college were getting the traditional ways to maintain their physical fitness for a long time. But in the present day it is a must to work-out with modern tools. It is easier, consumes less time, and attractive at the same time. So the college decided to provide the students the facility of working out with modern tools and techniques.

4. The Practice: The purpose of the multi-gym may be described as –

- 14 stations where they can perform their physical work-out.
- Cycling facility.
- Weight training for them who want to build their body.
- Special classes for sports persons of different sports teams of the college.

5. Evidence of success: We can site these scenarios as the evidence of success of the project:

- The students loved the multi-gym very much, and they use the facilities of the gym on a regular basis.
- Not only the students of Physical Education Department but also the students of other departments use the multi-gym on a regular basis.
- The fitness level and stamina of the players of different sports teams has been increased dramatically.

6. Problems encountered and Resources Required: As the rooms of the college are in regular use for day-to-day classes, it was sort of tough to afford a room where the multi-gym may be established. Moreover, it involved a sizeable amount of initial outlay for the machines and CCTV cameras which was totally financed by the college authority from its fund.