

**ONE DAY NATIONAL SEMINAR
ON
PHYSICAL EDUCATION AND SPORTS SCIENCE: A BOOMING HORIZON TOWARDS
HEALTH AND FITNESS**

Organised by
Department of Physical Education
Dwijendralal College
Krishnagar, Nadia
Date: 22nd December 2025
Venue: Basundhara Sovagriha
Time: 10:45 AM



Notice No — 589

Program Schedule

Time	Subjects	Delegates
9:30 AM -10: 45 AM	Registration	All Delegates and Participants
10:45 A -11:00 AM	Enters Seminar Hall (Basundhara Sovagriha)	All Delegates and Participants
11:00 AM-11: 30 AM	Inaugural Session	
	Garlanding the Statue	All Delegates
	Garlanding the Statue	All Delegates
	Lighting the lamp	All Delegates
	Planting seedlings	All Delegates
	Call to take a seat	All Delegates
	Felicitation of the dignitaries	All Delegates
	Opening song	-----
	Welcome address	Dr. Banibrata Goswami, Principal, Dwijendralal College
	Address of the chief patron	Honorable President , Mr. Asim Saha, Dwijendralal College
	Address by President of the National Seminar	Dr. Archan Nandi IQAC, Coordinator, Dwijendralal College
11:30 AM- 12:30 PM	Key Note Address	Prof. (Dr.) Sanjib Mirdha, Professor, Department of Physical Education, Jadavpur University, Kolkata, WB
12:30 PM -12:45 PM	Tea Break	
12:45 PM-1:30 PM	Key Note Address	Prof. (Dr.) Rajeev Choudhary, Professor in Physical Education, Pt. Ravishankar Shukla University, Raipur, Chhattisgarh, India

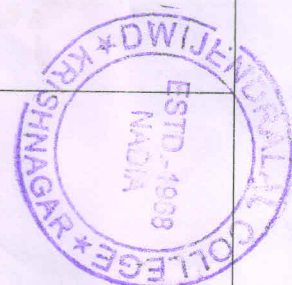
1:30 PM- 2:20 PM	Invite Special Lecture Chairperson- Prof. (Dr.) Sanjib Mirdha, Professor, Department of Physical Education, Jadavpur University, Kolkata, West Bengal & Dr. Biswanath Sukul Associate Professor, Department of Commerce Dwijendralal College, Krishnagar, Nadia	Prof. (Dr.) Saikot Chatterjee Professor, Department of Physical Education, University of Kalyani Nadia, West Bengal
2:20 PM- 3:00 PM	Lunch Break	
3:00 PM- 4:00 PM	Paralal Session : Oral Presentation	
4:00 PM – 4:10 pm	Cultural Program (Demonstration of Physical activity)	
4:10 PM – 4:25 PM	Validity Session	
4:25 PM – 4:30 PM	Vote of Thanks	Mr. Saiful Mondal Organizing Secretary / Convenor National Seminar

Anchor: Mrs. Laxmi Das



SEMINAR ORGANIZING COMMITTEE

CHIEF PATRON	MR. ASIM SAHA, G.B. PRESIDENT, DWIJENDRALAL COLLEGE
PATRON	DR. BANIBRATA GOSWAMI, PRINCIPAL, DWIJENDRALAL COLLEGE
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INAUGURAL SESSION	DR. ARIJIT GUPTA MS. NAIHRITI BISWAS MR. SNEHASISH ROY MR. MILON BISWAS MS. SATWIKA CHAKRABORTY MS. RIYA SHARMA
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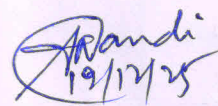
REFRESHMENT TEAM	CMA. SANDIP BASAK MR. GOPAL DAS MR. RASMOHON SARKAR MS. SUGANDHA NATH MR. BIJOY BHAKTA MR. DEBJIT GHOSH MR. BISWAJIT DEY MR. UDAY KARMAKAR MR. BISWESWAR BISWAS MR. DEBASHISH DUTTA MRS. MOUSUMI CHAKRABORTY MS. RUMPA CHAKROBORTY
ONLINE AND OFFLINE TECHNICAL SESSION	DR. SUJAN SARKAR MRS. KAMALIKA BASU MD. DILWAR HOSSAIN MR. SANTU BISWAS CMA. SANDIP BASAK MR. SUMAN DAS MS. ISHA GHOSH MR. PRANABANANDA CHAKROBORTY
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CERTIFICATE	CMA. PRADIP KUMAR MUKHOPADAYA DR. RANU BISWAS DR. ARCHAN NANDI MS. UMI LEPCHA MS. SURAIYA KHATUN MR. SARBESWAR KONAI MS. RIYA SHARMA MRS. SHRABONI GHOSH
VOLUNTEERS	10 STUDENTS OF NCC AND 10 STUDENTS NSS



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PHYSICAL EDUCATION
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AWARENESS PROGRAMME
COMMITTEE
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